

Things to Do

(Continued from page 22)

7:30 p.m., free admission. Lyric Music Theater is located at 176 Sawyer Street in South Portland. Come join some of your favorite Lyric performers for two nights of entertainment during Lyric's annual open house. Preview songs from some of the shows for the upcoming season as well as many other Broadway favorites. Admission is free, though reservations are recommended to ensure you get a seat. FMI, contact Lyric Music Theater at 799-1421, email LyricMusicTheater@gmail.com or visit the Web site www.lyricmusictheater.org

Sunday, Sept. 7

Homecoming Sunday, at the First Congregational Church United Church of Christ located at 301 Cottage Road in South Portland. Homecoming Sunday is an annual tradition of welcoming members, friends and visitors back home after a time away - which for many Mainers includes the summer. The festivities begin with a morning worship service at 10 a.m. After worship, the congregation will continue its celebration with a fair in Guptill Hall. At this fair, all are invited to discover the many things we do on Meetinghouse Hill, including the active ministries of the Wayside Soup Kitchen, the Hilltop Guild, the Green Action Group, the Women's Spirituality Circle and Community Crisis Ministries. There are also opportunities for study, mission, service and fellowship for all ages. This Homecoming celebration is also an opportunity to sign up for the various programs for the faith formation for children, including Sunday School which will begin for preschool aged children to grade 8 on Sunday, September 14.

Business Briefs

Hannaford promotes senior executives

Two longtime leaders at Hannaford Supermarkets have received promotions, Beth Newlands Campbell and Mark Doiron, both formerly senior vice presidents, have each been named executive vice president.

Newlands Campbell, the senior vice president of retail operations and business strategy since 2004, will add responsibilities for real estate, store construction and design and indirect purchasing. She will continue to oversee business functions that include strategic planning, marketing, communications, retail operations, consumer affairs, research and business information.

Newlands Campbell started her Hannaford career in 1987 as a retail management trainee and subsequently held increasingly responsible positions in retail operations, human resources and marketing. She managed the New York region prior to her promotion in 1996 to vice president of retail operations. She was named senior vice president of retail operations in 2001.

Active as a volunteer, Newlands Campbell is the 2008 campaign chairman of the United Way of Greater Portland and serves on the United Way board. She is also vice president of the Boys and Girls Clubs of Greater Portland and sits

Comedy basketball team coming to SoPo in September

The Harlem Superstars are a talented group of basketball players whose main mission in life is to inform and entertain children with their families through an exciting game of show-time basketball. The Superstars will face the Team Stadium All Stars at 2 p.m., Sunday, Sept. 28, at South Portland High School.

Dancing, high-fives and autograph sessions, are just some of the fan interaction one will be party to at this exciting event. The Superstars halftime show includes the children by bringing them out of the stands to participate for a chance to win a prize and a laugh or two. These amazing athlete's show-time dunks, Chicken dances, razzmatazz passing, and exciting tricks will keep one on the edge of the seat... wondering what is going to happen next! This is comedy basketball, and The Harlem Superstars offer something for everyone to enjoy. From Sports Center Top 10 Type Slam dunks, to half-court shots, and practical jokes; the Superstars offer a unique combination of basketball skills, comedy and audience participation. The Superstars boast two of the world's best Basketball Comedians. Seasoned 10-year veteran Kevin "Showboat" Jackson's amazing no look shot is truly priceless along with his huge smile and his love for the game are all virtues that make him a successful comedy basketball comedian. The other is a natural born comedian.

Spend 10 minutes with Chris "Super Chicken" Turnquist and you will see why the kids love both him and his nick name "Super Chicken." He is a great dancer and has a wonderful Bohemian accent, which many people are intrigued by.

Members of the Portland All Star Team will consist of Former Portland Pirate and NHL Veteran Jay Mazur; Former WWF Westbrook Wrestling Legend Scott "Scotty 2 Hotty" Garland; WCSH6 Sports Anchor Lee Goldberg; WGME 13 Sports Anchor Evans Boston; WMTW Sports Anchor Dave Guthro; WRED'S DJ Kid Corey; Auburn Mayor John Jenkins; (With more still to come!)

Tickets for this exciting event will go on sale Friday, Aug. 15, and can be

purchased at the following locations: The South Portland High School Athletic Department; Monday through Friday between 9 a.m. and 1 p.m., ask for either Karen or Kevin. Tickets can also be purchased at all 10 Bull Moose Music locations located throughout Maine and New Hampshire.

Fifty percent of all net sales generated from this event will be donated to the following local charities:

The NAACP (Portland Branch), The Jewish Community Alliance of Southern Maine (JCAS), The South Portland High School Senior Fund, The South Portland High School Senior Class, and the Helen Flaherty and Jim Briggs Scholarship Fund.

on the board of corporators for MaineHealth. Additionally, she is a member of the International Women's Forum of Maine and the advisory council of the Cornell University Undergraduate Business Program.

A native of Rochester, N.Y., and a graduate of Cornell University's College of Agriculture and Life Sciences, Newlands Campbell lives in Cape Elizabeth with her husband and two daughters.

Doiron, a senior vice president of merchandising and distribution since July 2003, will add responsibilities for information technology. He will continue to oversee all aspects of merchandising, pharmacy, trucking and distribution. In recent years, he led major supply chain development activities and played a key role in creating the Guiding Starts nutrition navigation system launched in September 2006.

Doiron serves on the Hannaford Charitable Foundation Committee and is a member of the executive board of the Gulf of Maine Research Institute. Consistent with his interest in health and nutrition, Doiron is an active volunteer with "Let's Go," a community initiative promoting healthy, active lifestyles for children and families in the greater Portland region. He also serves as a trustee for the University of New England.

Doiron has a bachelor's degree in business administration from the University of Southern Maine and has attended the Darden School of Business Administration at the University of Virginia. He lives in Scarborough with his wife and three children.

Bradick to serve on board

Nicole Bradick of Cape Elizabeth, an attorney at Portland law firm Murray, Plumb and Murray, was recently elected to serve as president for the Disability Rights Center (DRC) board. DRC is Maine's protection and advocacy agency for people with disabilities.

"I am honored to continue my work with the DRC in this role," Bradick says. "It fills an incredibly important role in the community by providing top-notch advocacy and

legal representation to Mainers with disabilities. The work of the DRC is vital in furthering the inclusion, independence, and equality of people with disabilities in Maine."

In addition to her new post as President of the Board of the Disability Rights Center, Bradick also sits on the Maine Civil Liberties Union legal panel. She is a member of the Maine Bar Association, Cumberland County Bar Association and American Bar Association.

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Mini Lesson before Saturday dances 8/30 is Cha-Cha

SEE WEBSITE FOR A LIST OF NEW CLASSES FOR SEPTEMBER

2007 Rising Star Champions
CHRISTIAN & KATHRYN CLAYTON
return on Saturday, Sept. 13 to offer private dance lessons & group workshops

SEE WEBSITE FOR A COMPLETE LIST OF CLASSES & EVENTS

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Have You Heard?

by Jan Biddle, BC-HIS
Board Certified Hearing Instrument Specialist

RINGING THAT IS BECOMING ALL TOO FAMILIAR

Temporary ringing in the ears may be a harbinger of future chronic tinnitus. Temporary ear ringing may occur after being exposed to a loud concert. That ringing may go away in a day or two, but it is indicative of the fact that noise damages the ears. The duration of the noise is as much a causative factor as the level of the noise. Some people turn up their MP3 players to 80-90 decibels. While we can generally listen to music at 85 decibels safely for eight hours, turning up the volume to 88 decibels reduces the safety window to four hours. Listening to music through earphones at 94 decibels is safe for only one hour.

If your hearing has been damaged because of long exposure to loud sound or noise, call MAINE-LY HEARING at 207-883-0240 to schedule a free hearing evaluation. We'll discuss the extent of your loss and explain types of hearing aids and how they'll help you. Our office is conveniently located at 9 Haigis Parkway, Scarborough. We're open Mon. - Thu. 10 - 4, Fri. 10 - Noon. Ask about our interest-free payments. We make it easy for you. Here, you'll always receive personal service. "Service With a Smile."

P.S. Accepting New Patients. Look forward to meeting you. Jan

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